

Chichester U3A Walking Group 2009/10

<u>Wednesdays</u> <u>2009</u>	<u>Meeting</u> <u>Point &</u> <u>Grid</u> <u>Reference</u>	<u>Circular Route</u>	<u>Degree</u> <u>of</u> <u>Difficulty</u>	<u>Distance</u> <u>in miles</u>
9 th Sept	Selsey CP, end of B2145 GR851923	Selsey Bill, Lifeboat Station, Selsey Tramway	Level	4
23 rd Sept	Boxgrove Village Hall CP	Priory, Vineyard, Boxgrove Man, Boxgrove Common	Level	4
14 th Oct	Walderton GR 787104	Walderton Corner, Stoughton, steep climb to Cross Dyke & Walderton Down	Steep	5
28 th Oct	Slindon GR961077	Park in Park Lane car park. Mill Lane, around Dencher Wood, Butt Lane, Park Pale.	Moderate	5½
11 th Nov	Stoughton GR804115	Park in street. Steep climb to Kingley Vale Nature Trail. Devils Humps return. Anticlockwise.	Steep	5½
25 th Nov	Lavant GR860084	Park in Sheepwash Lane below Earl of March. Steep climb north to Monarch Way. The Trundle. Return by Centurion Way	Steep	5
9 th Dec	Pagham Nature Reserve GR 856966	Park at Pagham Nature Reserve. Path to Sea, Park Farm, Ferry Farm.	Level	5
23 rd Dec	Lavant GR860084	Park in Sheepwash Lane below Earl of March. Lavant House, Centurion Way, Peter's House (East Broyle), Earl of March	Flat	4
2010				
13 th Jan	Slindon GR961077	Park in Park Lane car park. Mill Lane, around Dencher Wood, Butt Lane, Park Pale.	Moderate	5½
27 th Jan	West Itchenor GR798014	Public Car Park or Pub car park if dining. To channel, horse pond, Westlands Farm & back.	Level	4
10 th Feb	Chalton GR718185	Queen Elizabeth Country Park; Follow nature trail.	Steep	5
24 th Feb	Walderton Corner GR787104	Walderton Corner, Stanstead House & return	Moderate	5
10 th Mar	The Trundle CP, not the Triangle GR872110	Monarchs way to West Dean then Lavant. Return via Chalkpit Lane.	Steep	5½
24 th Mar	Petworth Park GR966239	Anti-clockwise walk around the park. N.T. car park £2 – members free. N.B NOT the main car park. Go to top end of park.	Easy	5
7 th Apr	Walderton Corner GR787105	North to Watergate Park then Piglegged Row & return	Some steep	4

28th April	West Stoke Reserve CP GR825088	Bluebells in Stoke Wood. Woodend to Kingley Vale. Direct to car park	Level	4
12 th May	Harting Hill GR790183	East on South Downs Way, Beacon Hill Telegraph House	Steep	5
26 th May	Chichester GR861054	Park in North Walls car park near theatre. Walls walk to Cathedral. Canal basin to Hunston bridge & return. Pay car park fee for the day.	Level	5
9 th June	Slindon GR961077	Park in Park Lane CP, Nore Hill woods, Folly. Slindon & back.	Steep	5½
23rd June	Bosham car park GR806039	To old Fishbourne & back. Car park charge.	Level	4
14th July	Stoughton GR804115	Park in street. Steep climb to Kingley Vale Nature Trail & return by Monarchs Way. Clockwise	Steep	5½
28th July	Chichester Harbour GR836010	Park in public car park at Marina. Around Marina up Dell Road, back via Crosbie Bridge.	Easy	4
11 th Aug	Harting Hill GR790183	West on SDW, left 100Acres, Round Copse, Foxcombe Cottages. NT Car Park: £2 for non members.	Steep	4
25 th August	Pagham Nature Reserve GR856966	Park in nature reserve car park. Path to seaside, return via Greenlease farm & Ferry house.	Level	4

Leader: Peter Wale – emergency mobile telephone number 07964350421

Please show your membership card on your first walk.

Walks are circular starting & ending near a public house. The walks are designed to finish around lunchtime so that some or all of the walkers can have a pub lunch.

Please note: **No Dogs.**

If you wish to walk meet at the agreed point (Grid Reference). The walk will leave **promptly at 10.00am**. Please bring a drink or small snack for a ‘coffee stop’ and short rest about half way.

Disclaimer

Please note that neither Chichester U3A, nor the Walk Leader/Organiser of the walk(s) has control of the environment of the walks, the weather, any animals or indeed of any of the walkers themselves, and whilst taking normal precautions, providing reasonable help and assistance as necessary, they cannot accept responsibility for any circumstances affecting the Health or Safety of the Walkers in the party.

Walks organised by U3A Groups automatically receive **Public Liability insurance** cover, provided the leaders are U3A members, through the **Third Age Trust**. This is designed to protect leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is **NOT** a personal accident insurance and accordingly participants on walks are responsible for their own Health and Safety and the safe keeping of their equipment, clothing and belongings.

Participants on Walks should follow the advice/instructions of the Walk Leader in order to minimise any risk to themselves and should also ensure that they do not endanger any others in the party.